ProMOTION® APP

1 Connecting to the app

Go to the app store for your mobile device and search...



"Promotion Fitness" on Apple App Store:

"Promotion" on Google Play:





Make sure your Bluetooth is turned on



Turn on EV1 and connect the app to the device



ProMOTION® APP

2 Personal Information

Complete the Personal Information section as required.



ProMOTION® APP

3 Program selection

Select 'Default Program' to choose one of our predefined programs or select 'New Program' to define your own.



ProMOTION® APP

4 Input

Enter the desired parameters for your program. Temperature, duration and compression can be adjusted to suit. Initiate the program once you are ready to go.







Customer Services 0845 901 0227

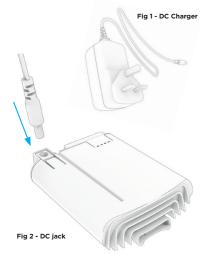
customerservices@swellaway.com www.promotion.fitness



ProMOTION® DEVICE

1 Battery Charging

Ensure your **ProMOTION**® **EV1** battery is fully charged before use. Charge the battery using the supplied charger (fig 1) – insert the charger into the DC jack on the battery pack (fig 2)



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2 Assembly

Assemble the battery pack into the Therapy Unit.



If using temperature therapy only, you can also assemble the Therapy Unit into it's securing strap for holding the device against the body



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3 Assembly

If you're using compression therapy too, assemble the Therapy Unit and Pump Unit into the cradle.



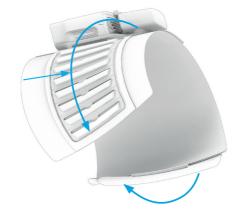
Connect the Pump Unit to the Therapy Unit with its USB cable. The small grips on the USB clip should be orientated upwards.



ProMOTION® DEVICE

4 Location

The Compression Wrap should be located on the body. Align the Therapy Unit with the site of injury, and pass the wrap around the limb. The wrap should be secure enough not to slip, but not so tight that it is difficult to hook the handle in place.



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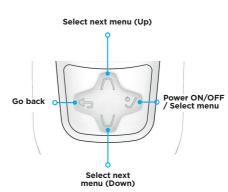
5 Navigation

Press the 'Select' button to power the Therapy Unit on.

Selecting 'New' allows you to tailor individual settings for temperature, duration and compression levels.

Pressing Select allows you to progress to the next menu. Pressing 'Go back' returns you to the previous menu.

Press and hold the button to power the device off.



ProMOTION® DEVICE

6 Disassembly

Once your program is complete, remove the wrap from your injury site and disassemble the Pump and Therapy Units. Clean the device components and store away

