# **ProMOTION**®

**QUICK START GUIDE** 

### 1 Battery Charging

Ensure your **ProMOTION EV1** battery is fully charged before use. Charge the battery using the supplied charger (fig 1) – insert the charger into the DC jack on the battery pack (fig 2)



#### 2 Assembly

Assemble the battery pack into the Therapy Unit.



If using temperature therapy only, you can also assemble the Therapy Unit into it's securing strap for holding the device against the body



### **3** Assembly

If you're using compression therapy too, assemble the Therapy Unit and Pump Unit into the cradle.



Connect the Pump Unit to the Therapy Unit with its USB cable.



#### 4 Location

The Compression Wrap should be located on the body. Align the Therapy Unit with the site of injury, and pass the wrap around the limb. The wrap should be secure enough not to slip, but not so tight that it is difficult to hook the handle in place.



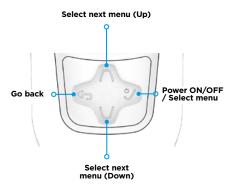
### 4 Navigation

Press and hold the power button until the device beeps, then release.

Selecting 'New' allows you to tailor individual settings for temperature, duration and compression levels.

Pressing Select allows you to progress to the next menu. Pressing 'Go back' returns you to the previous menu.

Press and hold the button to power the device off.



#### **5** Dissassembly

Once your program is complete, remove the wrap from your injury site and disassemble the Pump and Therapy Units. Clean the device components and store away



### 1 Connecting

Turn the Therapy Unit on, and in the app, search for your device. Select your device from the list and wait for it to connect.



#### 2 Personal Information

Complete the Personal Information section as required.

ProMoTION <sup>®</sup>	
20 Personal information	
Age	26
Gender	Male
Ethnicity	White
injury date	4.05.2020
Injury location	Thigh
Injury type	<u> </u>
Notes	
Patient exhibits acute symptoms in thigh. Device used on hot setting at 18°C for 20 minutes	
<b>2</b>	

#### **3 Program selection**

Select 'Default Program' to choose one of our predefined programs or select 'New Program' to define your own.



#### 4 Input

Enter the desired parameters for your program. Temperature, duration and compression can be adjusted to suit. Initiate the program once you are ready to go.





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